

Dieting reading discussion questions
Inside Out Upper Intermediate Unit 4

Have you tried any of the diets that are explained in the text?

Would you like to try any of them?

How are the diets that are explained here different from other diets that you know?

Was there anything about the diets that were explained that you didn't understand?

How easy was the reading text?

How easy or difficult is reading in English generally?

Do you have any special techniques or tactics when reading in English?

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