

## IELTS Speaking Parts One, Two and Three on food

### IELTS Speaking Part One questions on food

#### Student A

- How often do you cook? Would you like to be able to do so more often?
- How often do you eat out? Would you like to do so more often?
- Would you say that you have a healthy diet? Why do you say that?
- What kinds of restaurants do people your age in your country usually go to? Is that different from your parent's generation?
- What kind of food do you like?
- Are there any foods you particularly dislike? Do many other people feel that way?

### IELTS Speaking Part One questions on food

#### Student B

- Would you say that you are a good cook? Why/ Why not?
- What kinds of restaurants do you like? What's the most important factor in your choice?
- What do you usually eat for breakfast/ lunch/ dinner? Why?
- When did you last eat out? How was it?
- What dish do you most enjoy cooking? Why do you like making that one?
- Are there any foods you can't eat? Is it difficult to avoid them?
- How do you feel about packaged food? Why do you feel that way?

### IELTS Speaking Part Two questions on food

Describe a dish that you like. You should explain:

- Its ingredients
- How it is prepared
- How it is eaten

And say how popular you think this is amongst other people and why.

Describe an ingredient that you often use, including:

- What it looks like
- Where you buy it
- Why you often use it

And give some examples of ways that you use it.

Talk about a restaurant that you went to recently. Speak about:

- Its location
- Its food
- Its décor

And say what its best and worst points are.

### **IELTS Speaking Part Three-style questions on food and health**

- Are people in your country generally knowledgeable about healthy and unhealthy foods, do you think?
- What could be the consequences of people's changes in diet?
- Do you think your government is doing enough to improve people's diets?
- What can be done to make young people eat healthier food, do you think?
- How important is retaining a country's traditional food culture, in your opinion?
- Do you believe that people in your country learn enough about healthy eating at school?
- Do you think that restrictions on the sale of very unhealthy foods is a good idea?
- What are the advantages and disadvantages of having a fast food restaurant in your local area?
- In what ways does packaged food benefit society?
- Do you think there is a danger that your country's traditional cuisine could disappear?
- How have people's attitudes to foreign food changed over the last 50 years in your country?
- What are your predictions for people's diets in the next twenty years?
- Do you think that the food available in supermarkets is getting better or worse? (What makes you say that?)
- Do you think that people's attitude to chemicals in food is changing?
- Are modern "health foods" really good for us, do you think?