

Things Your Body Does Opposites

What are the opposites of the things below?

Speak out loud

Shout/ yell

Stand up straight

Stare

Suck

Spit out

Cough up

Tip your head back

Keep your head still

Greet someone

Get off your knees

Wave someone away

Laugh out loud

Walk steadily

Grin

To knock a drink back in one

To eat

To keep your eyes open

To wolf your food down

To let your shoulders drop/ droop